

UNITED STATES AIR FORCE RESEARCH LABORATORY

Sound Basics: A Primer in Psychoacoustics

Bartholomew Elias

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Human Effectiveness Directorate Crew System Interface Division 2610 Seventh Street Wright-Patterson AFB OH 45433-7901

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FOR THE COMMANDER

MARIS M. VIKMANIS

Chief. Crew System Interface Division

Air Force Research Laboratory

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to have a basic understanding of	of algebraic notation and problem	n solving and logarithms, but nee	ed not have any formal
	or hearing. Many human factor		
can benefit from the materials	presented in this report, which in	aclude the general principles of	physical acoustics and the
measurement of sound, as well	as an overview of the physiolog	y and psychology of hearing. T	he materials were compiled
	AFRL's Aural Displays and Bioa		ference tool that can serve as
a starting point for detailed res	earch of specific applied psychoa	acoustic problems.	
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PREFACE

This report contains materials for human factors professionals who may on occasion be called upon to provide consultation on psychoacoustic problems such as the assessment of occupational and residential noise exposure, prediction of speech intelligibility in noisy environments, and the design and integration of auditory displays. The materials were compiled for a workshop conducted by AFRL's Aural Displays and Bioacoustics Branch (AFRL/HECB). Bartholomew Elias of AFRL/HECB was the principal investigator.

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COURSE DESCRIPTION

Need

Hundreds of human factors professionals are called upon each year to provide consultation and solve problems relating to human hearing and the perception of sound. However, many of these individuals have no formal training in psychoacoustics and have received only a cursory overview of human hearing and acoustics in their education and training. These individuals may be called upon to make assessments of occupational noise exposure, establish guidelines for the design and testing of auditory displays, and predict the intelligibility of speech transmissions in noisy environments to name a few of the many tasks involving applied psychoacoustic research that a human factors professional may be asked to perform. The objective of this course is to provide participants with the knowledge, skills, and ability to address basic applied problems in psychoacoustics. The materials provided to the participant will serve as an invaluable reference tool that can serve as a starting point for detailed research of specific applied psychoacoustic consultations. Since human factors professionals in a variety of fields from industrial and occupational health to aviation to computer science may be called upon to address problems in applied psychoacoustics, it is important that these individuals are afforded the opportunity to obtain formal training to assist them in consulting on these matters. This workshop will allow interested individuals in the human factors profession to gain a basic knowledge of psychoacoustic metrics and methods. The workshop will also expose these individuals to standard acoustic metrics and measurement practices, so that they are better perpared to make appropriate and accurate evaluations of acoustic phenomena and assessments of their impact on humans.

Participants

Prerequisite Experience and Educational Background

Since this is an introductory course, participants are not expected to have any prior knowledge or instruction in acoustics or psychoacoustics. This workshop is an introduction to psychoacoustics for human factors professionals that may occasionally provide consultation on psychoacoustic problems but have no formal educational background in psychoacoustics. Human Factors as a profession attracts individuals of diverse educational backgrounds including engineers, psychologists, sociologists, and individuals with concentrations in basic and applied science. All of these fields of concentration provide the necessary background in analytical thinking and problem solving using the scientific method that is expected for this workshop. Since acoustics and psychoacoustics necessarily involve the introduction of mathematical concepts, participants will be expected to be familiar with basic algebraic problem solving and algebraic notation. If participants have not recently studied or applied these basic mathematical methods, it is recommended that they review some of these concepts prior to the workshop. Since sound intensity is expressed in decibels, a logarithmic quantity, participants should be familiar with mathematical operations involving logarithms and if necessary should review this topic prior to attending the workshop. Participants will be expected to bring a calculator with logarithmic function keys to the workshop as some of the exercises will involve solving simple mathematical problems to derive acoustical quantities such as decibel values. The mathematical principles introduced in this workshop do not go beyond basic algebra and the use of logarithmic scales taught in high schools. Therefore, it is expected that essentially all human factors professionals will have the appropriate experience and educational background to participate in and learn from this workshop.

Knowledge and Skills To Be Acquired

Through participation in this course, individuals will gain broad exposure to the basic concepts and terminology of physical acoustics. Participants will also learn basic practices and procedures for sound measurement. Through a variety of interactive class exercises in problem solving, participants will learn how to set up a basic sound measurement survey and calculate basic sound descriptors from the collected data. Participants will also gain a general understanding of the physiology and psychology of hearing and an awareness of the various research methods employed in psychoacoustic testing. Participants will gain general knowledge and familiarization with key psychoacoustic topics including the perception of loudness and pitch, the perception of temporal patterns in acoustic signals, the assessment of auditory localization capabilities, and the perception of speech. In the second half of the workshop, students will gain the knowledge and skills to apply psychoacoustic methods in the analysis of real world human factors consulting problems. Through class lecture, discussion, and interactive group exercises, participants will learn basic methods for noise analysis in industrial and residential settings as well as methods for assessing the impact of noise on hearing, speech intelligibility, task interference, and annoyance. Participants will be introduced to the practice and procedures of modeling and predicting noise exposure in occupational and residential settings. Additionally, participants will learn about various noise mitigation alternatives such as passive and active noise reduction, noise education, and hearing conservation programs, and will participate in group exercises to help them develop basic skills in evaluating noise problems and making recommendations for mitigation. Finally, students will learn basic concepts, guidelines, and issues regarding auditory display design, and through participation in group exercises will gain experience in designing basic auditory displays and evaluating the effectiveness of auditory displays in complex systems. Since this workshop is an introduction to the basic methods and metrics of psychoacoustics, it is anticipated that participants will be able to use this newly acquired knowledge and skills as a framework to build upon through independent reading and research.

Instructional Methods

The Course

The course will consist of lecture, classroom group problem solving and group exercises, and demonstrations using the Interactive Sound Information System (ISIS) described below. The course will begin with a background discussion of the fundamentals of psychoacoustics, which will describe the physical properties of sound, basic physiology of hearing, and an overview of psychoacoustic methods and metrics. The second half of the course will involve discussion and class exercises to demonstrate the application of

psychoacoustic methods to real world consulting problems. Applied issues to be considered include general measurement and assessment of occupational and residential noise exposure, noise modeling, and noise mitigation procedures including the use of passive and active noise reduction devices, education, and the implementation of hearing conservation programs. Finally, applications of psychoacoustics to the design and integration of auditory displays will be discussed.

Fundamentals of Psychoacoustics

In order to provide the participant with a knowledge base of acoustic and psychoacoustic terminology, methods, and metrics, these items will be introduced through lecture and classroom exercises.

The Sound Source

The basic characteristics of sound (its intensity, frequency, and temporal properties) and the measurement of these physical properties will be discussed. The design and use of basic auditory measurement equipment such as microphones, noise level meters, and spectral analyzers will be discussed. Class group exercises will give students experience in computing basic acoustic quantities such as decibel (dB) values.

The Receiver

Basic physiology of the human ear and theories of neural transduction and neural coding will be discussed. Basic psychophysical methods and their application to the study of hearing and the perception of sound will be considered. The measurement and interrelationships between psychoacoustic parameters such as loudness, pitch and temporal patterning will be discussed. Psychoacoustic measurement of auditory localization and theories of spatial hearing will be discussed. Finally, an overview of speech perception at the phonetic level will be discussed and related to topics of speech intelligibility and speech interference in noisy environments which will be revisited in greater detail in the second half of the course. The presentation of these topics will form the groundwork for discussing the application of psychoacoustic methods in human factors consulting projects.

Applied Psychoacoustics

Building upon the fundamental knowledge of acoustic methods and metrics and psychoacoustic procedures, the application of psychoacoustics to real world human factors issues will be considered.

Noise Analysis

Basic metrics of noise analysis will be considered. Building on the concept of the decibel as a sound intensity descriptor, participants will be introduced to the concepts of weighting, summation and spectral analysis. Consideration of weighting will focus on the A-weighting and C-weighting of noise levels and describe how they act in a complementary manner to best reflect the human perception of loudness. Methods of summation will describe the time averaging of intensity metrics to derive quantities such as sound exposure level (SEL), equivalent sound level (LEQ), peak level, and time-above

threshold metrics. Procedures for analyzing the spectral content of noise will be discussed, including consideration of octave and one-third octave band analysis, and the relationship between spectral characteristics of noise and human response will be considered.

Applications of Noise Analysis

The application of psychoacoustic methods and metrics to real world issues of industrial/occupational noise exposure and residential noise exposure will be considered through lecture and class discussion. Discussion of industrial/occupational noise exposure will describe exposure limits and standards for occupational noise exposure, the potential for hearing loss, and the maintenance of records in workplace hearing conservation programs. Discussion will also consider the potential impact of noise in the workplace on communications effectiveness and task performance. Consideration of residential noise exposure will discuss various environmental noise sources such as aircraft, trains, highways, powerplants, and industrial facilities and the assessment of their impact on affected communities. Various computer models of noise propagation and noise impact analysis will be discussed, and the use of these modeling tools for design and planning of workplaces and communities will be considered. Finally, discussion will focus on a consideration of noise mitigation techniques including mitigation of noise at the source, in the transmission path, and at the receiver's location. Passive methods such as baffling, noise barriers, and ear plugs and muffs will be used to demonstrate how noise can be attenuated at any of these three locations. Similarly, the principle of active noise cancellation, and the use of source based active noise reduction (ANR) devices, transmission based ANR, and receiver based ANR device such as ANR headsets will be discussed. Finally, a discussion of worker and public education and the implementation of hearing conservation programs will be discussed as potential mitigation alternatives. Classroom exercises will engage the participants in small group discussions to consider and decide on appropriate methods and metrics to analyze existing noise problems, propose various mitigation alternatives, and determine which alternative should be adopted for implementation.

Auditory Displays

The application of psychoacoustic methods and human factors principles to the design and integration of auditory displays will be considered. Discussion will focus on the advantages and disadvantages of using auditory presentations and the environmental and task factors to be considered in determining whether auditory display presentations should be used. Factors limiting the number and use of auditory displays such as the information load placed upon the auditory channel and discriminability of the auditory display signal in the specific task environment will also be considered. Finally, the emerging technology of spatial auditory displays used to create virtual localized sounds and its potential application for auditory displays will be discussed. Class exercises will engage participants in small group discussions of hypothetical scenarios that will allow the participants to gain experience in evaluating methods of auditory display presentation in a variety of complex systems and work environments.

Class Exercises

Classroom exercises will consist of discussion and group problem solving. To learn the skills required to compute acoustic metrics, the group will complete basic calculations of acoustic parameters. Class discussions will focus on the application of psychoacoustic methods to set up a simple study to test the human perception of noise. Classroom discussion and problem solving in the areas of applied psychoacoustics will use hypothetical scenarios to engage the class in exercises to apply the methods and metrics explained in classroom lectures to address potential real world psychoacoustic problems. For example, participants will be given a hypothetical scenario of an industrial facility with high noise levels where there is a need to protect workers from potentially dangerous noise levels and maintain compliance with Occupational Safety and Health Administration (OSHA) guidelines and exposure limits and there is also a need to maintain clear communications among workers for team coordination and safety in the facility. Participants will be asked to engage in a class exercise to consider and decide on appropriate methods and metrics to analyze the problem and propose various mitigation alternatives and determine which alternative should be adopted for implementation. To demonstrate the skills of using psychophysical principles in the evaluation, design, and integration of auditory displays, participants will be divided into small groups of approximately four individuals and will engage in exercises to evaluate the appropriateness of various methods of auditory presentation (e.g., tones, speech, spatial auditory displays) in complex systems and make critical decisions to improve or replace the current auditory displays in an existing system such as an aircraft cockpit.

The Interactive Sound Information System (ISIS). An integral part of the class presentations will consist of sound demonstrations played on the US Air Force's Interactive Sound Information System (ISIS). ISIS is a multimedia system for recreating high quality sound recordings at appropriate levels (i.e., as they would be heard in the real world) and integrating them into multimedia presentations to explain various topics in acoustics. The ISIS system was originally developed by David Dubbink Associates under contract to Armstrong Laboratory for educating Air Force planners, pilots, civil engineers, and the general public about noise created by Air Force operations and to recreate the noise generated by aircraft flights. The system is easily modified to perform a variety of functions to teach fundamental characteristics of sound and general principles of acoustics and psychoacoustics. The backbone of ISIS is a multimedia authoring tool and multimedia scripting language that allows the presentation developer to integrate full motion digital movies taken from video tape, film, or computer generated images with high fidelity digital audio reproductions of sound recordings. The use of the ISIS system will provide participants will high quality simulations of environmental sounds coupled with multimedia explanations using graphics and video presentations thereby allowing a better understanding of acoustic phenomena. The ISIS system will also allow participants to evaluate first hand the potential benefit of noise mitigation alternatives such as attenuation due to hearing protectors or sound barriers.

Sound Basics:

A PRIMER IN PSYCHOACOUSTICS

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THE INSTRUCTOR

Bart Elias



Bart Elias is a Research Psychologist with the USAF Armstrong Laboratory, Noise Effects Branch at Wright-Patterson AFB, Ohio. Bart's interests include psychoacoustics, visual perception and the design and integration of auditory and visual displays in aviation and aerospace systems. Bart graduated from Franklin and Marshall College in Lancaster, PA in 1989 where he majored in Psychology. He received his M.S. in 1991 and his Ph.D. in 1994, both from Georgia Tech. His doctoral dissertation examined the use of dynamic spatial auditory cues for visual target acquisition. Currently, Bart is working on research programs to address the effects of environmental noise on outdoor recreationalists, and the effects of noise on speech patterns.

THE STUDENTS

- Are interested in psychoacoustics
- Consult on industrial noise problems
- Consult on environmental noise problems
- Manage or consult on hearing conservation programs and evaluate occupational noise exposure
- Analyze speech intelligibility in noisy environments
- Design auditory displays

Who you are
Where you work/ what you do
Interest in taking this workshop

COALS

- Learn basic concepts in acoustics
- Learn basic anatomy and function of auditory system
- Learn basic psychoacoustic methods
- Apply knowledge to applied psychoacoustics problems:
 - Industrial/Occupational Noise Exposure
 - Hearing Conservation Programs
 - Speech and Task Interference
 - Residential Noise Exposure
 - Noise Mitigation
 - Design of Auditory Displays

WHAT IS SOUND?

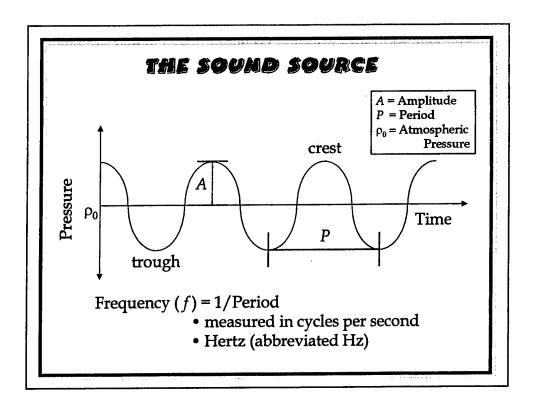
Webster's Collegiate Dictionary:

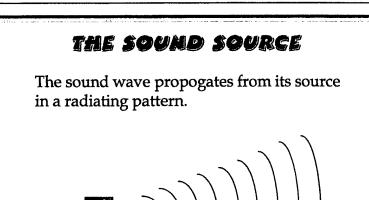
- 1. the sensation perceived by the sense of hearing stresses the importance of a receiver however, the receiver need not be human or even animate (Psychoacoustics: Study of the perception of sound by humans)
 - perceptual description of sound
- 2. mechanical radiant energy that is transmitted by longitudinal pressure waves in air (or other material medium) and is the objective cause of hearing.

describes the properties of the source (mechanical) and the transmission medium (air, water, etc.)
- physical description of sound

ELEMENTS OF SOUND

- THE SOUND SOURCE
- THE TRANSMISSION MEDIUM
- THE RECEIVER





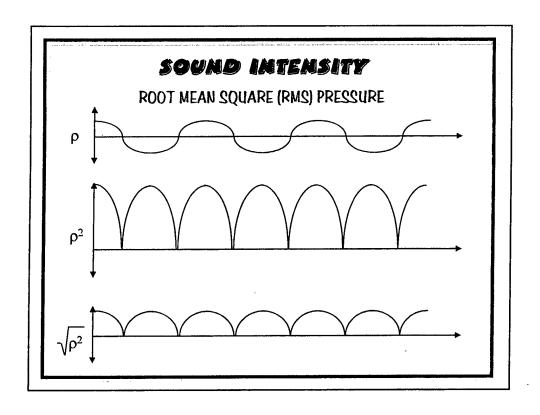
SOUND SOURCE DESCRIPTORS

- SPEED
- FREQUENCY
- WAVELENGTH
- PHASE
- INTENSITY

THE SPEED OF SOUND

- function of the transmission medium
- function of the temperature
 (speed increases with temperature)
- function of humidity
 (speed increases with humidity)

	meters per second	miles per hour
Air*	331	74 1
Oxygen*	316	707
Helium*	965	2158
Hydrogen*	1284	2871
Water (0°C)	1402	3135
Water (20°C)	1482	3314
Water (50°C)	. 1543	3450
*at0°C		



Notes:

SOUND INTENSITY

RMS Integration Times

Impulsive sound: 35 msec

Fast 1/8th second

Slow 1 second

POWER

Sound power is related to the sound pressure squared (ρ^2)

measured in Pascals (Pa)

SOUND INTENSITY

1 Pascal (Pa) = 1 Newton per square meter (N/m^2)

= 0.00015 pounds per square inch (lbs/in²)

To put it in perspective,

1 Standard Atmosphere

= 101,300 Pa

 $= 14.7 \, lbs/in^2$

Threshold of hearing:

= 0.00002 Pa

= 0.000000003 lbs/in²

Normal Speech

 $= 0.02 \, \text{Pa}$

 $= 0.0000029 \, \text{lbs/in}^2$

Threshold of Pain

= 200 Pa

 $= 0.029 \, \text{lbs/in}^2$

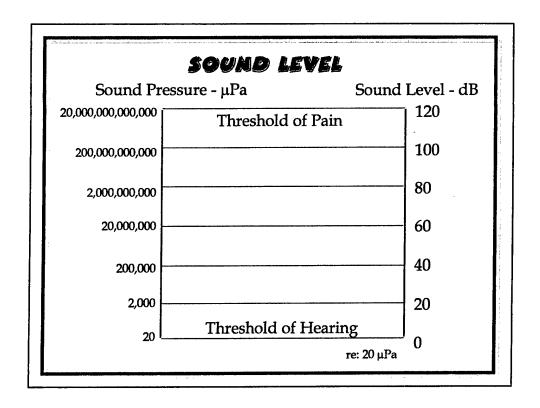
SOUND LEVEL

The Bel is a logarithmic ratio of any quantity (typically used for power-like quantities).

The Decibel is one tenth of a Bel.

$$L = 10 \text{ Log } \left[\frac{L}{L_{\text{ref}}} \right]$$

Used in describing noise because of the large range of pressures that humans are capable of hearing over.



LET'S REVIEW LOGARITHMS!

 $\log_b x$: The logarithm to the base b of x

 $y = \log_b x$

 $x=b^y$ and

common bases:

10 (base often omitted) e (2.7182818)

common logarithm natural logarithm

Properties of Logarithms:

 $\log_{10} 1 = 0$

 $\log_b 1 = 0$

Example:

 $\log_b ac = \log_b a + \log_b c$

 $\log_{10} 50 = 1.699 (5*10)$

 $\log_b a/c = \log_b a - \log_b c$

 $\log_{10} 3 = 0.47712 (15/5)$

 $\log_b a^r = r \log_b a$

 $\log_{10} 25 = 1.397 (5^2)$

 $\log_b 1/c = -\log_b c$

 $\log_b .25 = -0.602$ (4)

COMPUTING SOUND LEVEL

Equation:
$$L = 10 \text{ Log} \left[-\frac{\rho^2_{rms}}{\rho^2_{ref}} \right] = 20 \text{ Log} \left[\frac{\rho_{rms}}{\rho_{ref}} \right]$$

 $\begin{array}{l} \rho^2_{\,rms} = square \; of \; the \; rms \; pressure. \\ \rho^2_{\,ref} = squared \; reference \; pressure. \end{array}$

common values of ρ_{ref} :

Sound Pressure Level (SPL)

0.00002 Pascals (Pa) = 20 micro-Pascals (μ Pa)

(most common, generic threshold for human hearing)

Sensation Level (SL)

Psychoacoustically measured threshold for a given subject

Audio Standard

Maximum output of the system

Sound Level represent dB of attenuation

COMPUTING SOUND LEVEL

Problem:

You have a very sensitive pressure gauge that reads out in lbs/in² attached to a microphone. It records an event of 0.000042 lbs/in² How loud was the event in dB (re: 0.00002 Pa)?

Given:

 $1 lb/in^2 = 6711 Pa$

Calculations:

Answer:

COMPUTING SOUND LEVEL

Answer:

0.000042 lb/in² 6892 Pa per lb/in² x

0.289464 Pa

0.289464 Pa / 0.00002 Pa

14,473

Log (14,473)

4.1605

20

83.21 dB

DECIBEL ADDITION

recall from our review of logarithms that $\log_b a + \log_b c$ is not equivalent to $\log_b a + c$

so we cannot add dBs together to get cumulative sound levels.

Instead,
$$L_{1+2} = 10 \text{ Log} \left[\frac{\rho^2_{(1)\text{rms}} + \rho^2_{(2)\text{rms}}}{\rho^2_{\text{ref}}} \right]$$

=
$$10 \text{ Log} (10^{L_1/10} + 10^{L_2/10})$$

Similarly we can subtract unrelated sound levels:

$$L_{1-2} = 10 \text{ Log } (10^{L_1/10} - 10^{L_2/10})$$

DECIBEL ADDITION

To get a quick estimate (accurate within one dB)

if the difference between L_1 and L_2 is:	Add this to the greater of L_1 or L_2	
0 to 1 dB	3 dB	
2 to 3 dB	2 dB	
4 to 9 dB	1 dB	
> 10 dB	0 dB	

Problems (calculate and compare to approximation):

Two F-16s fly over your house in afterburner at 500 ft. You know that the sound level of one F-16 at that distance using afterburner is 122 dB. What is the sound level of this formation flyover?

A second generator is added to a power plant. The older, noiser model produced a continuous 98 dB at the control console workstation. According to the manufacturer, the newer quieter model will produce 90 dB at 25 ft, which is the distance to the control console. What is the expected noise exposure of the operator working at the control console?

Answers:

$$10 \text{ Log} (10^{12.5} + 10^{12.5})$$

$$= 10 \text{ Log } (10^{12.5} \text{ x 2})$$

$$= 125.01 \, dB$$

difference = 0 dB, so +3dB =
$$122 + 3 = 125 dB$$

$$10 \text{ Log} (10^{9.8} + 10^{9.0})$$

difference = 8 dB, so +1dB =
$$98 + 1 = 99 dB$$

Problems (calculate and compare to approximation):

In a noisy control room the ambient (background) level is 80 dB, a warning alarm goes off and a level of 86 dB is recorded at the operators station. What is the sound level of the warning alarm?

In a quiet community, the background noise measures 50 dB. When Joe runs his lawnmower, the sound level recorded in his neighbors backyard is 73 dB. How loud is Joes lawnmower at the noise monitor's location?

Answers:

10 Log (10 8.6 - 10 8.0)

84.74 dB

difference = 6dB, so -1dB \cdot 86-1 = 85 dB

10 Log (10 ^{7.3} - 10 ^{5.0})

72.98 dB

difference = 23 dB, so -0dB 73 - 0 = 73 dB

MEASURING SOUND LEVELS

Sound Level Meter

Integration Time

Slow

1 second

• Fast

1/8th second

Weighting

• Unweighted

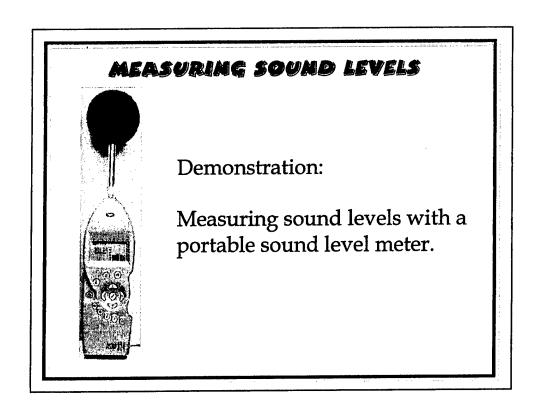
All Frequencies Treated Equal

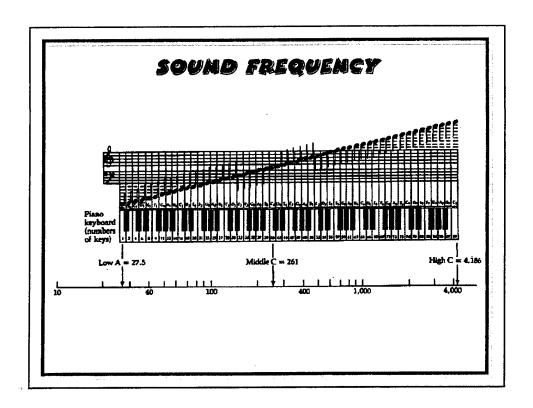
• A weighting

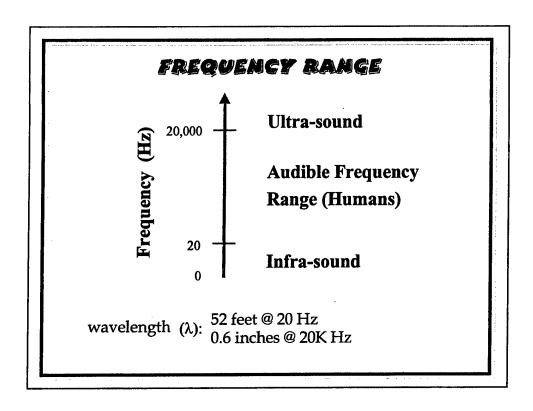
Human AuditoryResponse

• C weighting

Low Frequency







Wavelength

Symbol: λ

Dependent on

- The frequency or period of interest
- The *speed* of sound

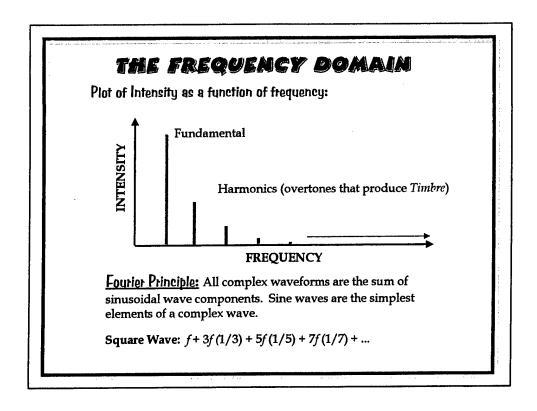
In general,

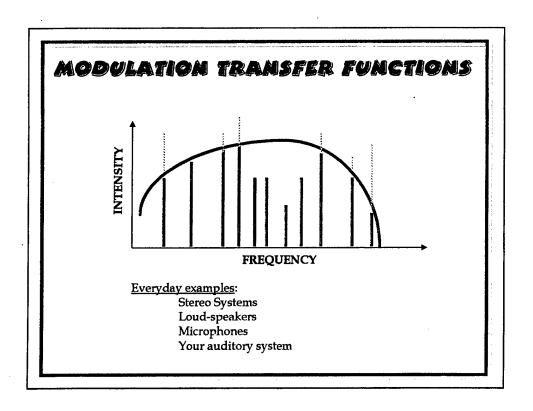
 $\lambda = c/f$

c = 1036 ft/s (in air, dependent on atomospheric conditions

f = frequency

Problem: What is the wavelength of a 750 Hz pure tone?





MEASURING FREQUENCY

- Frequency Counter Pure tones
- Full Spectral Analysis Analyzer - Fourier Transform (FFT)
- Octave Band Analysis
- One-Third Octave Band Analysis

FREQUENCY BANDS

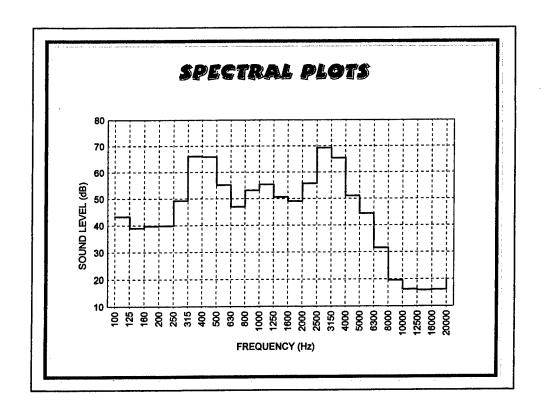
Constant percentage bandwidth

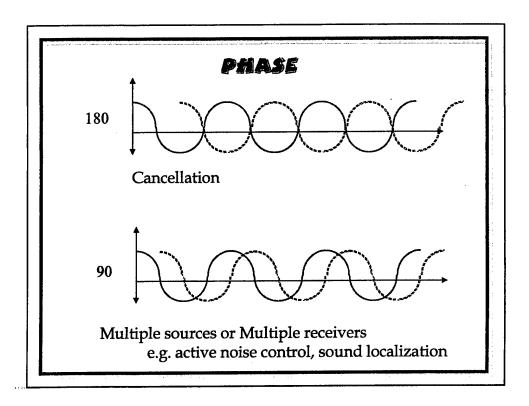
Center Frequencies (Hz):

Octave Bands 31.5 63 125 250 500 1000 2000 4000 8000 16000

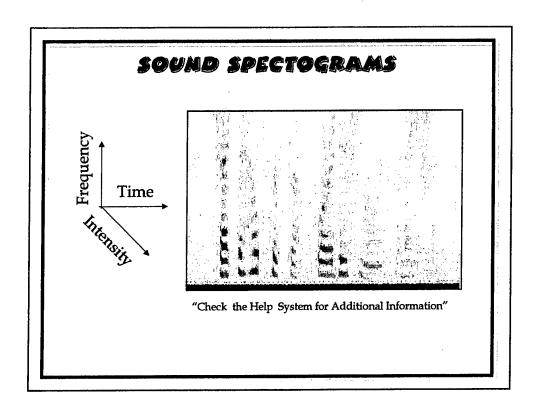
One-Third Octave Bands

25 40 63 100 160 250 400 630 1000 1600 2500 4000 6300 10000 16000 31.5 50 80 125 200 315 500 800 1250 2000 3150 5000 8000 12500 20000

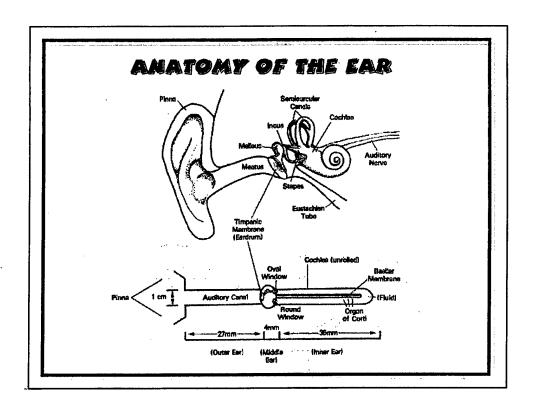




Notes:



Notes:



Notes:

PHYSIOLOGY OF THE EAR

Outer Ear

Pinna

Ear Canal

Resonant Freq. 2000 Hz

Inner Ear

Tympanic Membrane

Ossicles

Malleus

-Hammer

Incus

-Anvil

Stapes

-Stirrup

Cochlea - hearing

Otoliths (semicircular canals)- vestibular

Auditory Nerve

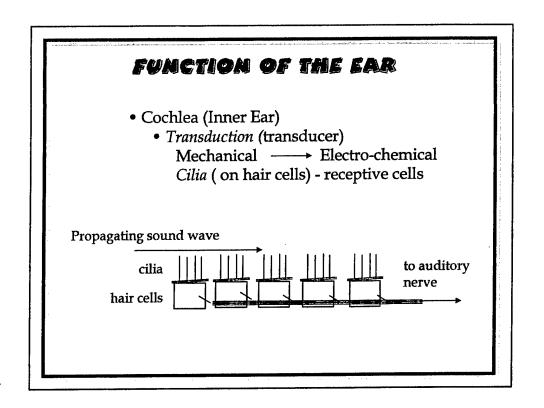
FUNCTION OF THE EAR

- Outer Ear Modifies sound for better localization
- Tympanic Membrane —— Cochlea Change of Transmission Medium

Air — Fluid Increases Power (Amplification) 10-50 % greater

Impedance: Ratio of the pressure to the volume displacement in a sound medium Need to decrease the volume

Tympanic Membrane ----- Stapes



FUNCTION OF THE EAR

Pitch (Frequency)

- •Low frequency coded by frequency of neural firing (< 1000 Hz) rate of cilia displacements
- High frequency coded by pattern/location of cells that are firing (> 5000 Hz) - determined by the shape of the cochlea
- Both types of coding are used between 1000 and 5000 Hz

Loudness (Intensity)

• Coded by rate of firing (action potential) - magnitude of cilia displacements

AUDITORY CORTEX

Auditory Nerve ———— Primary Auditory Cortex

Tonotopic map

columnar arrangement of neurons grouped by frequency response

Temporal Lobe

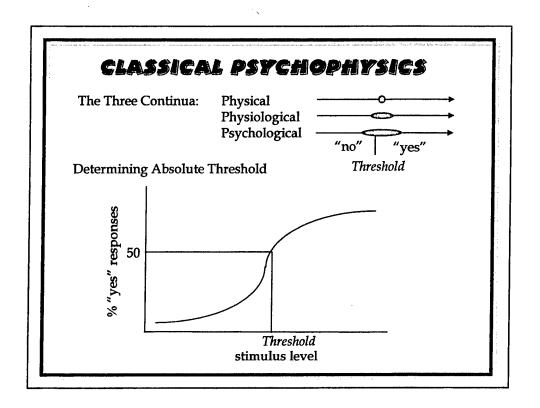
Important for:

- discriminating tonal patterns, but not tones
- discriminating timing/duration of sounds
- localizing sounds

Outputs to speech and language cortical areas

METHODS OF PSYCHOACOUSTICS

- Determining Thresholds & Determining Just Noticeable Differences (JNDs)
 - Classical Psychophysics
 - Method of Limits
 - Method of Constant Stimuli
 - Method of Adjustment
 - Signal Detection Theory
- Comparing Sounds (Stimuli)
 - Scaling Procedures



Notes:

CLASSICAL PSYCHOPHYSICS

Determining Absolute Threshold:

Method of Limits:

- ordered presentations (staircase)

ascending trials

descending trials Absolute Threshold $T_d = T_a + T_d / 2$

Method of Constant Stimuli

- random order presentations

Method of Adjustment

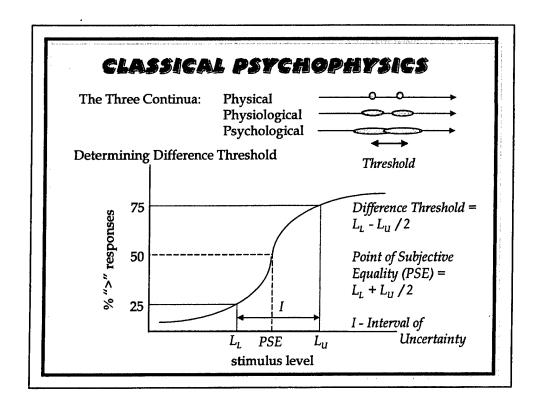
- subject adjusts stimulus levels

ascending trials

descending trials

Absolute Threshold

 T_a T_d $= T_a + T_d / 2$



Notes:

CLASSICAL PSYCHOPHYSICS

Determining Difference Thresholds:

Method of Limits:

- 3 responses: > < = standard stimulus trials:

1/2 standard stimulus - variable stimulus
1/2 variable stimulus - standard stimulus

1/2 ascending trials1/2 descending trials

limen: $L_U(upper\ threshold\ or\ limen) = A_U + D_U/2$

 L_L (lower threshold or limen) = $A_L + D_L / 2$ = to <

where A denotes Ascending thresholds D denotes Descending thresholds

 $L_{\rm D}$ (difference threshold) = $L_{\rm L}$ - $L_{\rm U}$ /2 Point of Subjective Equality (PSE) = $L_{\rm L}$ + $L_{\rm U}$ /2

CLASSICAL PSYCHOPHYSICS

Determining Difference Thresholds (continued):

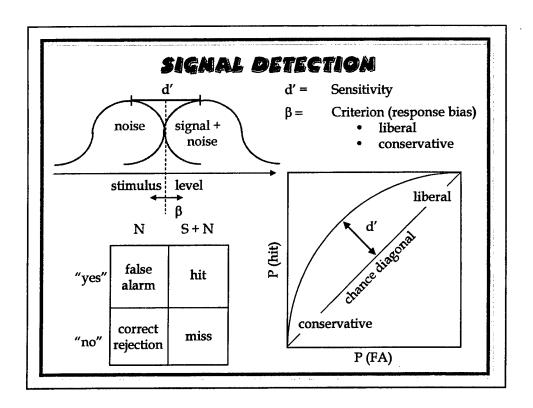
Method of Constant Stimuli:

- 2 responses: > < standard stimulus trials:
- 1/2 standard stimulus variable stimulus
- 1/2 variable stimulus standard stimulus
- 1/2 ascending trials
- 1/2 descending trials

Method of Adjustment

- subject control
- adjust to perceived equality with standard trials:
- 1/2 ascending trials
- 1/2 descending trials

constant error = PSE - standard stimulus



PSYCHOPHYSICAL SCALING

Weber's Law:

 $\Delta S/S = k$

 $\Delta S=kS$ (just noticable difference is a constant

proportion of the standard)

Fechner's Law:

 $P = k \log S$

Steven's Power Law

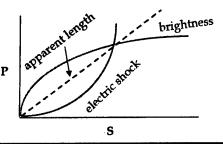
 $P = kS^n$

Magnitude Estimation (Scaling)

• modulus (standard): assign a value (e.g., 50)

variable stimuli: compare to modulus on a rating scale (e.g., 0 to 100)

• modulus free procedure: rate variable stimuli on a scale



PSYCHOACOUSTIC STIMULI

Pure Tones: Sinusoidal wave of a single frequency

White Noise: Broadband noise where the energy level is uniform

over the audible frequency spectra

Pink Noise: Broadband noise whose spectral level decreases

with increasing frequency to yield constant energy

per octave band (Note: Octave bands widen with

increasing frequency)

Filtered Noise: Filtered by Octave Band, 1/3 Octave Band

Duration: Continuous or Short Bursts

Bursts: Onset Rate, Decay

Waveform: Envelopes, Carrier Frequencies (Modulation)

Impulses Presentations with rapid onset (>35 msec to peak)

and Short duration (<500 msec)

Click Trains Series of short, low intensity impulses (clicks)

used especially in spatial hearing

PSYCHOPHYSICAL METRICS OF PERCEIVED LOUDNESS

Phon: A measure of loudness equivalent judged equally as loud

as the decibel level of a 1000 Hz pure tone

Sone: One sone is equivalent to the loudness of a 1000 Hz pure tone

presented at 40 dB. A sound judged twice as loud has a loudness of 2 sones, three times as loud - three sones, ...

1 Sone = 40 Phons +1 Sone = +10 Phons

Noy: One noy is equivalent to the annoyance of a 1000 Hz pure tone

presented at 40 dB

Perceived Noise Level (PNdB) = $40 + 33.3 \log N$

where N = perceived noisiness

in noys (broadband noise)

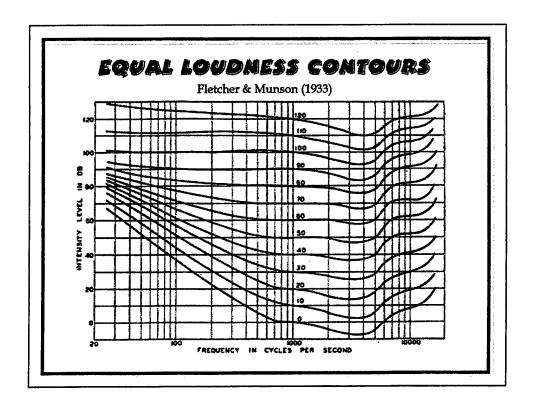
Effective Perceived Noise Level (EPNdB or EPNL):

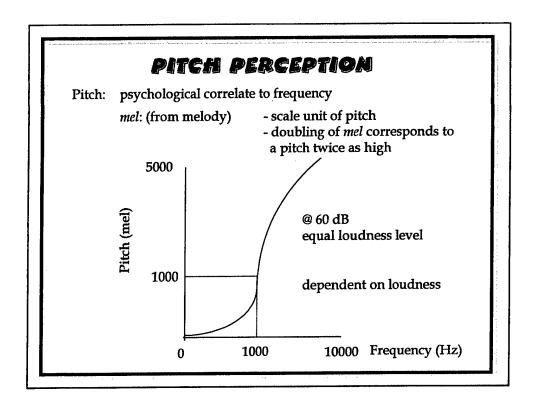
PNdB corrected for tones (aircraft noise)

Mark VII Sones: Perceived loudness relative to sound of 1/3 octave band

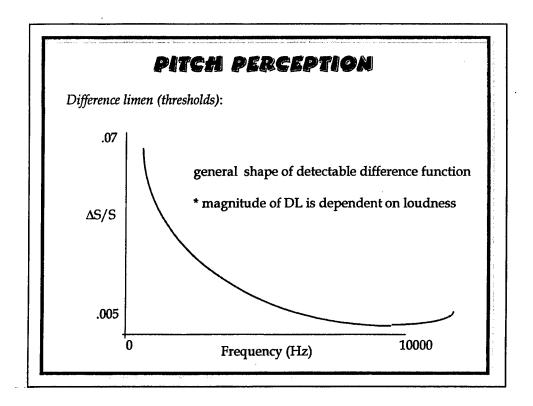
noise centered at 3150 Hz

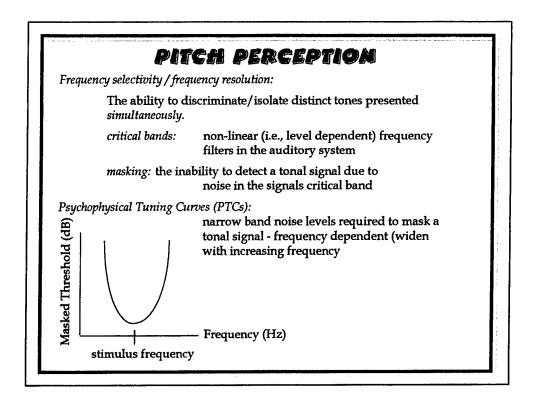
1 Mark VII sone = 32 PLdB, +1 Mark VII sone = +9 PNdB

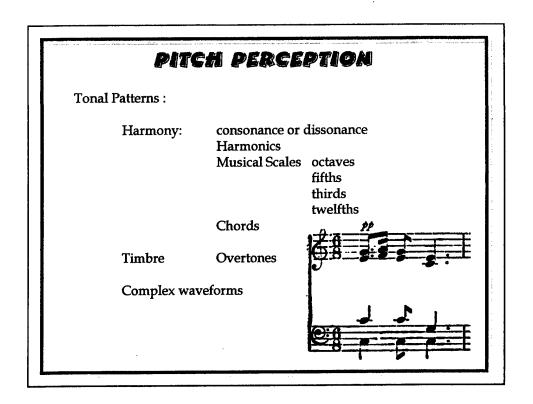




Notes:







TEMPORAL PATTERN PERCEPTION

- Temporal Integration
 - time required to detect a signal
 - time-intensity trade-off
 - signal level at threshold increases
 - with decreasing signal duration
 - up to 200 msec for complex tones
 - up to 500 msec for pure tones
- Temporal Acuity
 - Temporal Order Detection
 - Phase Detection
 - Temporal Gap Detection
 - Amplitude Modulation Detection
 - much shorter than temporal integration time
 - 2 msec (up to 30 msec)
 - stable over a broad range of stimulus conditions
 - Temporal Asynchrony
 - harmonic more easily detected than non-harmonic

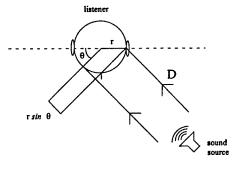
Spatial Hearing refers to the ability to localize the position and distance of a sound source:

Parameters:

- Elevation
- Azimuth (Degrees Left or Right)
- Distance

Cues for Localizing Sounds:

• Interaural Time Differences (ITDs) differences in arrival time or phase or the sound source between the two ears



Cues for Localizing Sounds:

- Interaural Time Differences (ITDs) differences in arrival time or phase or the sound source between the two ears
- Interaural Intensity Differences (IIDs) differences in sound intensity between the two ears

Arise due to Interaural Paths Distances (d)

$$d = r \theta + r \sin \theta$$

 $\theta = \pi$ – incedence angle, r = radius of head

•Interaural Time Differences (ITDs)

ITD = d/c

where d = interaural path distance

c =speed of sound

Example: d=.75 ft, c=1,086 ft/s ITD= 0.69 msec

•Interaural Intensity Differences (IIDs)

 $IID = 20 \log (D + d/D)$

where D = distance from sound source to

nearer ear

d = interaural path distance

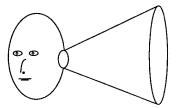
Example: d=.75 ft, D=20 ft

IID = 0.32 dB

Weaknesses: Interaural Paths Distances (d)

- •assume the head is perfectly sperical
- do not account for the effects of shadowing and attenuation by the head.
- do not account for the pinna.

An Auditory *Cone of Confusion* exists and it describes a region in space in which all identical sound sources within the cone will produce identical ITDs and IIDs.



Effects of the Pinna (Outer Ear)



Folds (convolutions) of the pinna act as a *comb filter* creating delayed replications of the incoming sound signal.

Greatly improves localization abilities, especially judgments of vertical position

Effects of the Head and Upper Torso

Head creates a shadow that greatly increases IIDs - especially at high frequencies where measured IIDs can be as great as 20 dB

Upper Torso causes reflections

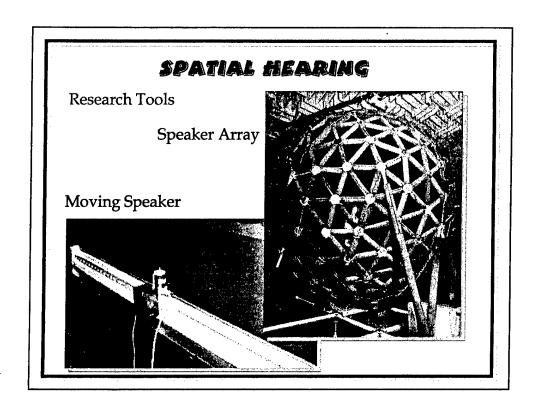
Head Related Transfer Function (HRTFs): digital representations of the transformation of the sound signal caused by the anatomy of the head, upper torso and pinna.

Transformation of the signal is the difference between the original output signal and the signal recorded at the location of the tympanic membrane.

Process of determining the HRTF is called *convolution*.

Convolution: is the multiplication of a sound spectra and a modulation transfer function.

Used for generating 3-D audio displays. Produces *localized* sounds as opposed to stereo headphones which produce *lateralized* sounds.



Notes:

Psychoacoustic Methods and Metrics:

Pointing

Dependent variables:

- correlation between reported and actual sound locations
- accuracy (error magnitude)
- reliability (error variance)

Minimum Audible Angle (MAA)

Psychophysically determine the smallest angular separation in sound sources that can be reliably detected

Minimum Audible Movement Angle (MAMA)

Psychophysically determine the smallest
angular displacement of the sound source
whose direction can be reliably detected

PERCEIVING DISTANCE

Cues for Distance:

• Intensity Cues

Sound Level follows an inverse square function of distance

$$\frac{1}{R} loss / gain (dB) = 20 log_{10} \frac{R}{R_0}$$

where R is the new distance, and R_0 is the referent distance

Example:

A sound that measures 80 dB at 100 ft will measure 86 dB at 50 ft

74 dB at 200 ft

PERCEIVING DISTANCE

Cues for Distance (continued):

- Spectral Absorption Cues
 High frequency components undergo greater signal loss, so distant sound have greater low frequency content.
- Reverberation Cues
 Reflections of the sound off walls, ceilings and other structures and objects in the listening environment can give cues to distance and location.

Reverberation time: Time required for a sound level to decrease by 60 dB

PERCEIVING DISTANCE

Reverberation Times

	Carnegie Hall, New York	Symphony Hall, Boston		
125 Hz	1.8 s	2.2s		
250 Hz	$1.8\mathrm{s}$	2.0s		
500 Hz	1.8s	1.8s		
1000 Hz	1.6s	1.8s		
2000 Hz	1.6s	1.7s		
4000 Hz	1.4s	1.5s		

from Kinsler, et al. (1982)

PERCEIVING MOTION

Cues for Motion:

- Changes in localization and distance cues of sound signal over time.
- Doppler Shift: the relative increase or decrease in frequency of a sound that results from the relative motion of the sound source and/or the receiver - due to compression and rarefaction of the sound wave

$$\Delta f = \frac{u + v}{c} f$$

 Δf = change in frequency u = speed of receiver v = speed of source c = speed of sound

PERCEIVING MOTION

Problem:

You are riding a bike at 10 mph, heading north along a road that parallels train tracks. A south-bound train traveling at 60 mph blows its horn. The horn is dominated by a 800 Hz tone. What is the change in frequency at 800 Hz? What is the resulting frequencies as it approaches and as it recedes?

The speed of sound for that day is 760 mph

PERCEIVING MOTION

Answer:

$$u = 10$$

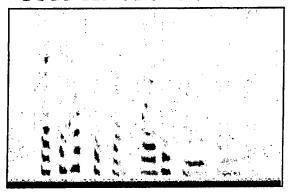
$$v = 60$$

$$c = 760$$

$$(10 + 60) / 760 = 0.0921 \dots$$

800 - 73.68 =

SPEECH PERCEPTION



"Check the Help System for Additional Information"

Phonemes: building blocks of speech, shortest segment of speech which if changed would change the meaning of a word

	iguən i		uage pi		
Cons	sonants			Vow	rels
p	pull	s	sip	i	heed
p b	<i>b</i> ull	Z	zip	I	hid
m	man	r	<i>r</i> ip	e	b <i>a</i> it
w	will	r Š	<i>sh</i> ould	ε	head
f	<i>f</i> ill	Z	plea <i>s</i> ure	æ	had
v	vet	С	chop	и	who'd
θ	<i>th</i> igh	j	<i>g</i> yp	U	put
	thy	y	yip	L	but
t	<i>t</i> ie	y k	<i>k</i> ale	0	boat
d	<i>d</i> ie	g	gale		bought
n	near	ĥ	hail	a	hot
1	<i>l</i> ear	n	sing		sofa
				l i	many

PERCEIVING PHONEMES

formats: steady frequency bands

vowels

formant transitions: rapid frequency shifts

consonants

dependent on vowel the

precedes or follows

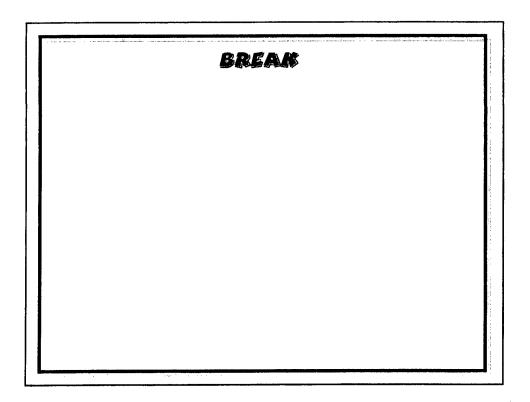
articulation pattern: stop

fricatives

voicing

unique for each phoneme

Applied Topic: Speech Intelligibility and Speech Interference



APPLIED PSYCHOACOUSTICS

Noise Measurements

Occupational Noise Exposure

Residential Noise Exposure

Noise Modeling

Noise Mitigation

Auditory Displays

Product Sound Quality

weighting of sound levels

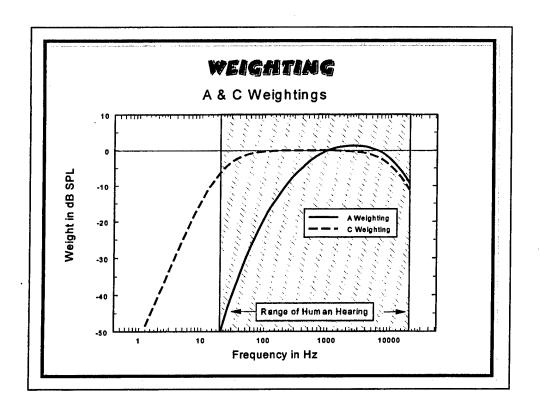
A weighting (dB(A))

Frequency dependent adjustments (weighting) of sound level to approximate the sensitivity of the human auditory system

Based on equal-loudness countours

C weighting (dB(C))

Frequency dependent adjustments (weighting) of sound level that retain greater power in the lower frequency ranges (below 20 Hz), to account for building resonances which lead to rattling



Notes:

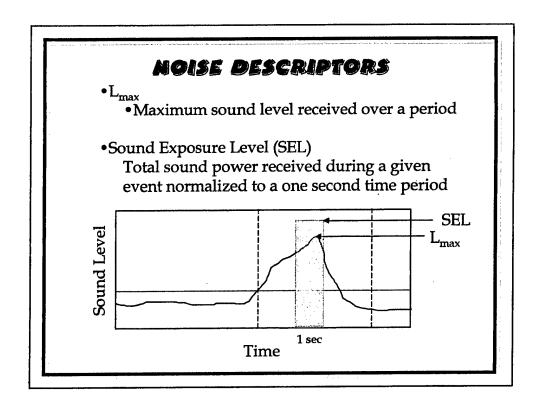
HOISE DESCRIPTORS

Sound is time varying, so we need to sum or average the energy and normalize these numbers to provide tractable metrics of sound exposure

- Short Term (Single Event) Metrics
 - Maximum Sound Level L_{max}
 - Sound Exposure Level SEL
- Long Term (Cumulative) Metrics

 - Equivalent Sound Level L_{eq}
 Exceedance Percentile Sound Level L_n
 - Time Above Threshold

Psychophysical descriptors: Phons, Sones, Noys, etc. (Frequency dependent)



Notes:

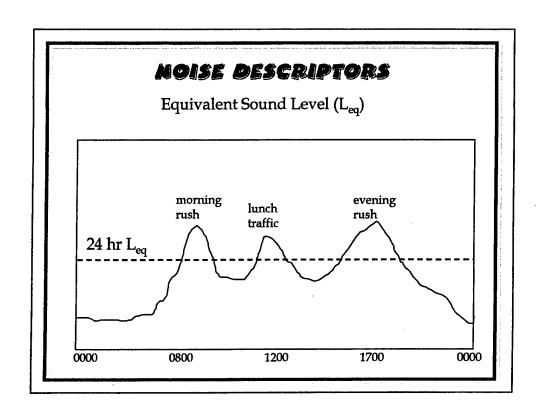
NOISE DESCRIPTORS

Equivalent Sound Level (L_{eq})

The level of continuous sound over a given period that would deliver the same amount of energy as the actual time varying sound exposure.

Multiple equal length time periods (N):

$$L_{eq} = \frac{1}{10 \text{ Log} \frac{1}{N}} \sum_{i=1}^{N} 10^{L_i/10}$$



NOISE DESCRIPTORS

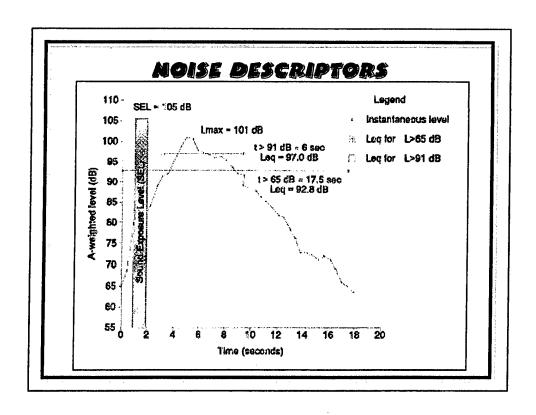
Relationship Between LEQ and SEL

$$L_{eq(T)} = 10 \log_{10} \left[\sum_{i=1}^{N} 10^{\frac{SEL_i}{10}} \right] - X dB$$

In general, $X = 10 \log (T * 3600)$

Common values of X:

T=24 X = 49.4 T= 8 X = 44.6



Notes:

NOISE DESCRIPTORS

Problem:

A house is situated in the approach path of a busy airport. Sixty 737s overfly the house on a given day at a nominal SEL of 93. Thirty-five L-1011s overfly the house producing an SEL of 95 dB each. The house is also overflown by Fifty-five Fokker F-100s at SELs of 88 dB each. What is the 24 hr LEQ at the house on that day?

HOISE DESCRIPTORS

Answer:

=
$$10 \log [(60 \times 10^{9.3}) + (35 \times 10^{9.5}) + (55 \times 10^{8.8})] - 49.4$$

= 11.4.234

- 49.4

= <u>64.834 dB</u>

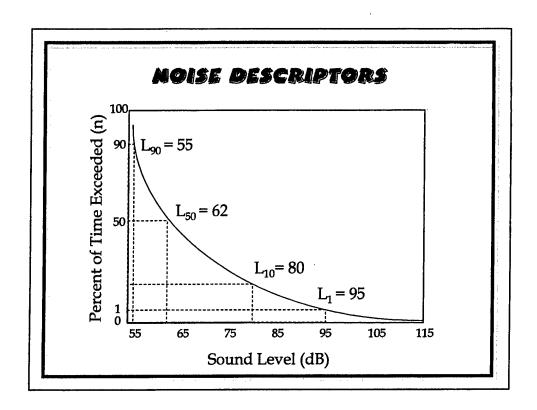
NOISE DESCRIPTORS

Exceedance Percentile Sound Level - L_n

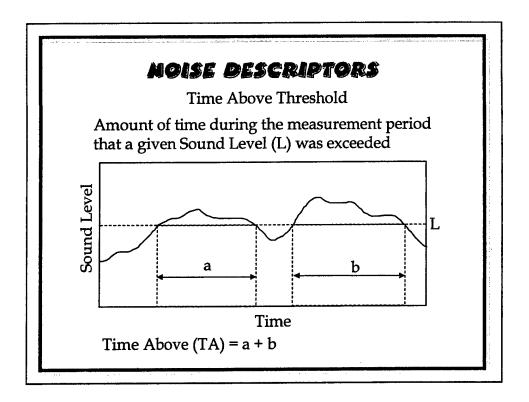
The sound level that is exceeded n % of the time over the sound measurement period.

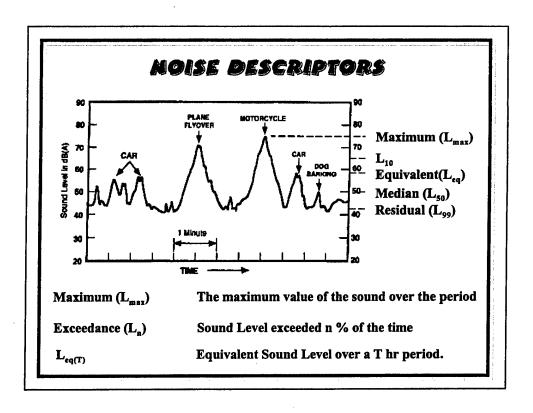
Common values of n:

90	Background/Ambient
50	Median Sound Level
10	Common Traffic Noise Metric
1	Infrequent Loud Events



Notes:





Notes:

APPLICATIONS OF HOISE ANALYSIS

- Occupational/Industrial Noise Exposure
- Residential/Community Noise Exposure

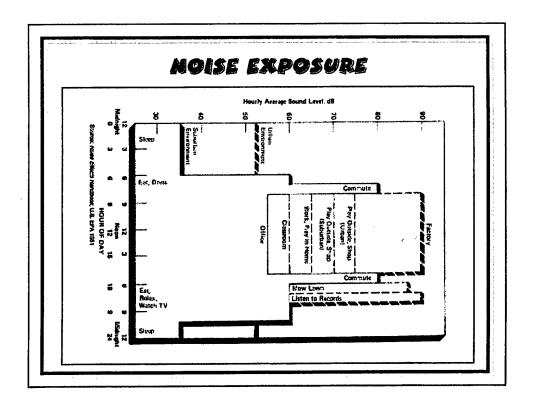
Sources of hearing loss:

Occupational Noise

Non-occupational noise (sociocusis)

Aging of auditory system (presbycusis)

Non-acoustic factors (nosacousis) - e.g. drugs



Noise Sources:

Industrial/Manufacturing, Heavy Machinery, Aircraft, Sound Systems (Musicians), etc.

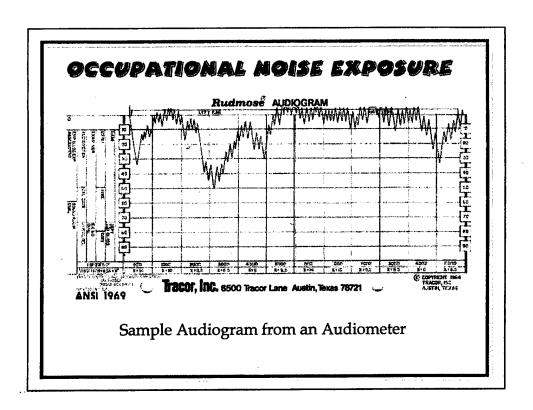
Prolonged Exposure leads to Threshold Shifts

temporary threshold shifts (TTS): temporary loss of hearing measured at a fixed interval after exposure to the noise.

Typical interval is 2 minutes (TTS₂)

Audiometric Testing:

pre-exposure post-exposure



Noise Induced Permanent Threshold Shifts (NIPTS):

with repeated exposure to noise of sufficient intensity (i.e. loud enough to show a TTS), NIPTS will occur.

No TTS, No NIPTS

Starts around 4000 Hz and spreads to other adjacent frequencies

Discovered through periodic audiometric screening

OCCUPATIONAL MOISE EXPOSURE Guidelines (set by Occupational Safety and Health Administration (OSHA)): Noise dose = sum of partial doses (% of permissible dose) Partial dose = exposure time to given level *100 maximum permissible time at given level Sound Level / dB(A) max. permissible time (hrs) N/A <80 32 80 85 16 8 90 2 100 0.5 110 0.25 115

0.125

0.063

0.031

Notes:

levels above 115 dB(A)

*** are not permissible ***

120

125

130

OCCUPATIONAL NOISE EXPOSURE Computing an 8-hour time weighted average (TWA) from noise dose

TWA (dB(A))=	$16.61 \log \frac{D}{100} + 90$
Dose	TWA
10	7 3
25	80
50	85
<i>7</i> 5	88
100 *******permis	ssible dose******** 90
115	91
130	92
150	93
175	94
200	95
400	100

Dosimeter: a personal noise exposure measurement device that measures percent of noise dose received over a given period.

Criterion level: The continuous equivalent A-weighted sound level that constitutes 100% of an allowable exposure

Threshold: A-weighted level above which noise exposure is added to the total dose

Exchange Rate: The increase or decrease in decibels that is considered to be a doubling or halving of the noise dose (current OSHA compliance requires a 5 dB exchange rate)

Problem:

A factory repair technician works on a faulty generator for 2 hrs. at a continuous exposure level of 95 dB(A). She later works on repairing a hydraulic lift for 3 hours at a level of 82 dB(A). That day the technician also gets called to diagnose problems with equipment in the machine shop for 1.5 hours and is exposed to 85 dB(A). The remainder of her workday is spent in his office doing paperwork where the noise level is 65 dB(A).

What is her total noise dose for this day? What is the TWA for this noise dose?

Answer:

2 hrs @ 95 dB max @ 95 dB = 5 hrs 3 hrs @ 82 dB max @ 82 dB = 25 hrs 1.5 hrs @ 85 dB max @ 85 dB = 16 hrs

2/5 + 3/25 + 1.5/16 = 0.40 + 0.12 + 0.09 = $0.61 \times 100 = 61 \%$

 $TWA = [16.61 \times \log 0.61] + 90$

= -3.57 + 90 = 86.43 dB

Impulsive noises: rise time less than 35 msec to peak

intensity

duration less than 500 msec from

peak to 20 dB down

Max. number per 8 hr workday = $10^{160-P/10}$

where P = peak SPL

Max. number of events
10
100
1000
10000
31623
63096 - continuous

Standards Committees and Organizations:

Occupational Safety and Health Administration (OSHA)

Occupational Noise Exposure

ANSI - ASA (Acoustical Society of America)

International Organization for Standardization (ISO)

Assessment of Occupational Noise Exposure for

Hearing Conservation Purposes

Determination of Occupational Noise Exposure and Estimation of Noise-Induced Hearing Loss

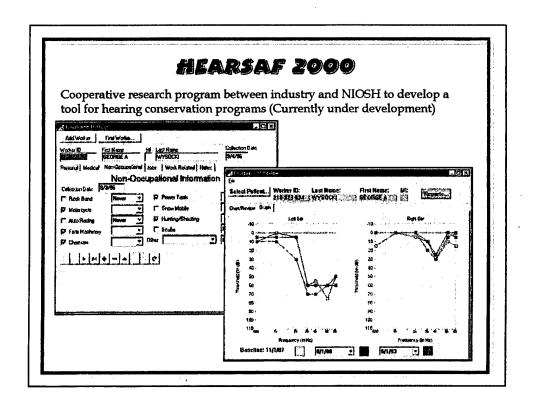
HEARING CONSERVATION PROGRAMS

Purpose:

- Establish legal records of noise exposure
- Minimize impact of noise exposure and reduce risk

Components:

- Noise Education/Training
- Hearing Protection
- Audiometric Screening
- Noise Measurements/Modeling
- Noise Mitigation



NOISE EDUCATION/TRAINING

- Inform workers about dangers of noise exposure
- Encourage/ mandate
 use of hearing protection
 (adhere to appropriate Federal and
 State Laws)
- Train workers on proper use of hearing protection

HEARING PROTECTION

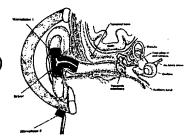


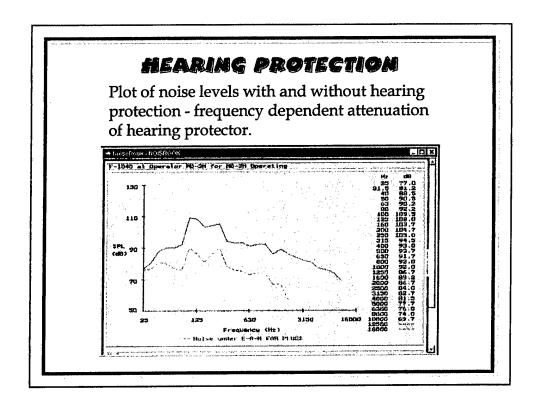
Passive devices:

- •Ear muffs
- •Insert plugs •Helmets
- •Communication Units

Active devices:

- Active Noise Reduction (ANR)
 - Headsets
 - Earplugs





AUDIOMETRIC SCREENING

Initial Screening: Determine pre-exposure

hearing levels

Periodic Screening: Periodic, routine hearing exams

and audiometric screening to identify any permanent hearing

loss

Traumatic Events: Special hearing exams and

audiometric testing after trauma to the ear caused by a noise event

or non-acoustic trauma.

Termination: Screening upon termination,

retirement, etc.

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NOISE MITIGATION

Noise can be *mitigated* at three locations:

• THE SOUND SOURCE

Acoustic Baffling Enclosing Structures

• THE TRANSMISSION PATH

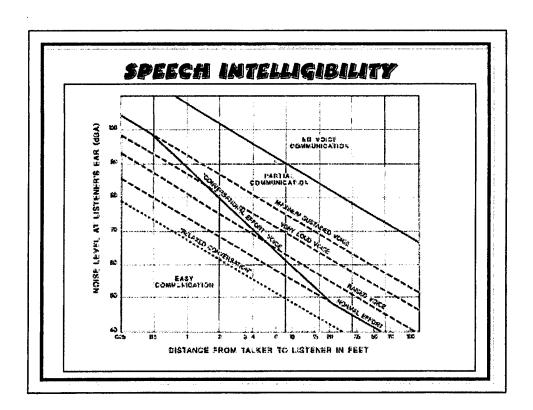
Increase distance between source and receiver Sound Barriers

• THE RECEIVER

Hearing Protection Devices Limiting Exposure Time

Speech Intelligibility is a function of:

- Signal to Noise Ratio (SNR): Ratio of the continuous speech level to the background level over frequency bands of interest.
- Distance from the noise source(s)
- Distance from the speaker
- Speech Level/ Vocal Effort
- Augmentation/Amplification of Speech
- Attenuation of the noise (e.g., Active Noise Reduction - ANR)



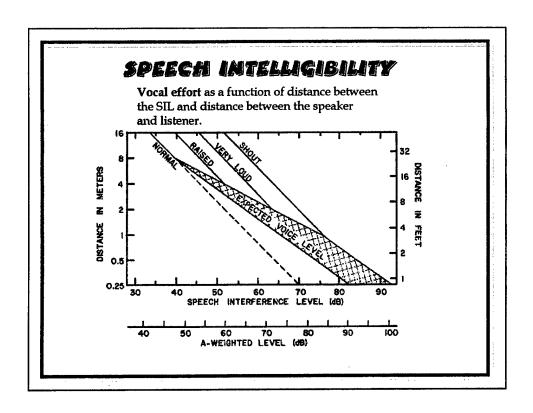
Notes:

Speech Interference Level (SIL)

The arithmetic average of Sound Levels in decibels of the noise in the four octave bands centered at 500, 1000, 2000 and 4000 Hz - SIL(0.5, 1, 2, 4)

1/4 * (L @ 0.5 kHz + L @ 1kHz + L @ 2kHz + L @ 4kHz)

- ANSI Standard S3-14 (1977)
- Octave bands critical for speech
- Other common octave bands used
 - PSIL (Preferred-Octave SIL) 0.5,1,2



Speech Interference Level (SIL)

Problem:

Using an octave band analyzer, you record the following sound levels in a cockpit during cruise flight:

68 dB @ 500 Hz 75 dB @ 1000 Hz 72 dB @ 2000 Hz 70 dB @ 4000 Hz

What is the SIL? Using the Table, how loud would the pilot and copilot have to speak to communicate without intercoms if they are seated 1 meter apart?

Speech Interference Level (SIL)

Answer:

Arithmetic Mean \underline{NOT} Energy Avg.

[68 + 75 + 72 + 70] / 4

= <u>71.25 dB SIL</u>

Use Graph

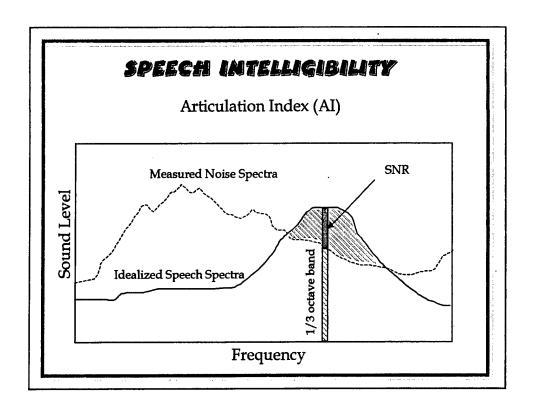
1 meter x 71.25 >> <u>Very Loud</u>

Articulation Index (AI)

Weighted sum of the difference between measured noise levels and idealized (average) speech levels over a series of third octave bands from 200 to 5000 Hz.

Steps:

- Calculate Signal to Noise Ratio (SNR) for each 1/3 octave band
- Multiply by weighting factor for 1/3 octave band
- Add the weighted SNRs to derive AI
- use ANSI S3.5 (1969)



SPEECH INTELLIGIBILITY Articulation Index (AI) Weighted S/N 0.002 0.010 0.013 0.034 0.036 0.052 0.048 0.050 0.054 Band 200 Speech Peak RMS Noise S/N Ratio Weight 0.0004 0.0010 0.0010 0.0014 0.0014 0.0020 0.0024 0.0030 0.0037 0.0037 0.0034 0.0034 78 79 80 79 78 77 76 74 72 70 68 66 64 62 60 74 69 67 55 52 51 52 53 54 52 53 51 58 54 48 4 10 13 24 26 26 24 21 18 15 15 6 8 12 250 315 400 500 630 800 1000 0.054 1250 0.034 0.067 0.056 0.051 0.020 0.019 1600 2000 2500 3150 4000 5000 0.024 0.0020

Articulation Index (AI)

Relationship of AI to Usability of a Communication System:

< 0.3 Unacceptable 0.3 - 0.5 Acceptable 0.5 - 0.7 Good > 0.7 Very Good

Empirical Measures of Speech Transmission:

- Nonsense syllables
- Modified Rhyme Test (MRT)
- Phonetically Balanced Words (PB Words)

Other Considerations:

- Reverberant rooms (RT > 1.5 2 seconds)
- Non-continuous sound sources

NOISE AND PERFORMANCE

Type of Noise

Controllability & Sense of Control

Tasks

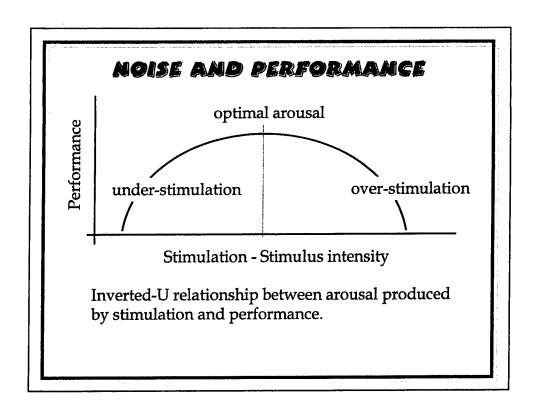
Motor Skills

Vigilance

Visual Search

Semantic Processing

Intellectual Tasks



NOISE AND PERFORMANCE

Results depend on:

- Familiarity with task
- Task cognitive and speech requirements
- Task difficulty
- Characteristics of the noise
- Familiarity with the noise (habituation)
- Perceived control of the noise
- Noise conditions during training
- Motor skills:
 - Balance

High level, low frequency noise impairs

Reaction Time

Increased error rates, particularly with high frequency noise

NOISE AND PERFORMANCE

- Motor skills (continued):
 - Tracking

DVs: Time on target, Root Mean Square (RMS) Error

Minimal effect of noise, effects largest during initial practice

levels >120 can impair tracking

• Vigilance Tasks:

varying results

Noise can increase false alarm rate Noise can decrease vigilance decrement in correct detections.

NOISE AND PERFORMANCE

• Visual Search Tasks:

complex, highly studied topic results vary

performance best at noise level presented during training (see Teichner, 1963)

- Semantic Processing:
 - Stroop task: Noise > 85dB increases interference
 - Classification Task: Noise increases errors and sort time among children, increases sort time among adults
 - Proofreading/verification: surface structure detections not impaired, higher level (semantic) processing impaired

NOISE AND PERFORMANCE

- Intellectual Tasks:
 - Clerical Ability Test:

Noise slows performance but reduces errors

• Weschler Skills Test:

Noise reduced performance but not among highly practiced subjects

• Mental Arithmetic:

Noise increased calculating time

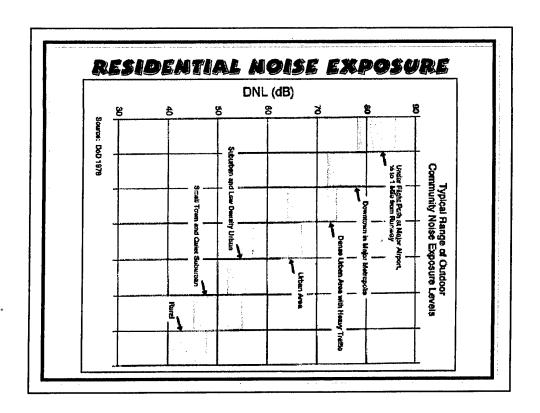
• Sternberg Task:

Noise effects rate of central processing

RESIDENTIAL MOISE EXPOSURE

Major Sources:

- Industry
 - Plants
- Utilities
 - Powerplants
 - Transformers
- Transportation
 - Highway
 - Rail
 - Aircraft



Notes:

RESIDENTIAL MOISE EXPOSURE

Description	Typical Range DNL in dB	Ave DNL in dB	Population Density People/Sq.Mi
Quiet Suburban Residential	48-52	50	630
Normal Suburban Residential	53-57	55	2,000
Urban Residential	58-62	60	6,300
Noisy Urban Residential	63-67	65	20,000
Very Noisy Urban Residential	68-72	70	63,000

Source: U.S. EPA 1974

				CON	amunity .
ffects of Noise	on People (Resi	idential Land Uses O	nly)		REACTION
	Liffee	ts:		,	
Day-Night Average Sound Level	Hearing Loss Qualitative Description	Annoyance % of Population Highly Annoyed		General Community Attitude Towards Area	
in Decibels:	•				
75 and above	May Begin to Occur	37%	Very Severe	Noise is likely to be the most important of all adverse aspects of the community environment.	
70 .	Not Likely	22%	Severe	Noise is one of the most important adverse aspects of the community environment.	complaint
65	Will Not Occur	12%	Significant	Noise is one of the important adverse aspects of the community environment.	
	Witt			Noise may be considered an	
60	Not Occur	7%	Moderate	adverse aspect of the community environment.	
55 and	waii		to	Noise considered no more	
oo and below	Not Occur	3%	Slight	important than various other environmental factors.	

Factors influencing annoyance:

- Time of Day
- Impulsive sounds
- Onset Rate
- Strong Low Frequency Content
- Significant Tonal Components
- Ambient/Background Noise Levels?

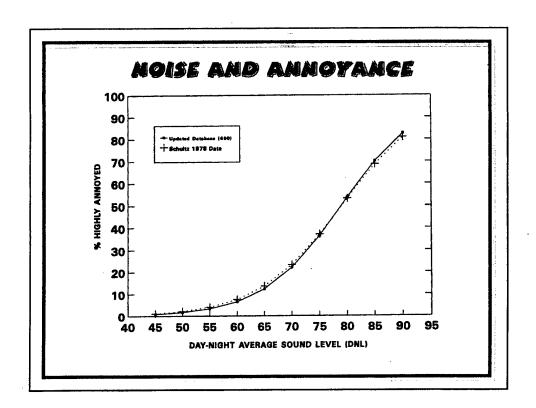
Time of Day:

Day-Night Average Sound Level (DNL):

- A single number measure of community noise exposure.
- A modified 24 hr LEQ with a 10 dB penalty applied to nighttime sound levels from 10 pm until 7 am

Community Noise Equivalent Level (CNEL):

- Includes a 5 dB penalty to evening sound levels occurring between 7pm and 10 pm
- Used in California



Notes:

Adjustment Factors (based on pending ANSI Standard S12.9-199x - Part 4):

,	dB adjustment
 General Broadband Sound 	0
• Onset Rate (R):	
R < 15 dB/s	0
$15 \le R \le 150 dB/s$	11 log (R/15)
$R \ge 150 \mathrm{dB/s}$	11
• Impulsive	
Regular Impulsive	5
Highly Impulsive	12
Tonal Component	5

Adjustment Factors (continued):

• High Energy Impulsive (large blasts and sonic booms)

Use C-weighted Convert to A-wt: $L_{(a)} = 2(L_c) - 103$

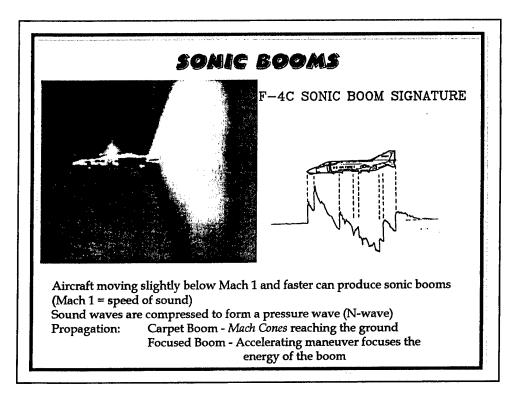
• Strong Low Frequency Content:

 $L_{(a)} = 2(L_{LF}) - 10 \log (T/1)$

where:

 L_{LF} = sound level for 16 Hz, 31.5, and 63 Hz octave bands T = duration of interest when low frequency is present (sec)

adjusts for effects caused by rattle



Environmental noise and Annoyance

Low Ambient/Background Sound Levels:

- Rural Areas
- Parks and Wilderness (Outdoor Recreationalists)
 - Audibility
- Expectations (e.g., "natural quiet") (currently no specific recommendations available)

Other Potential Noise Sensitive Locations:

- Schools
- Places of Worship
- Public Meeting Sites

ENVIRONMENTAL NOISE AND SLEEP DISTURBANCE

•Sleep is a basic human need

- Sleep deprivation studies
- light sleep/quiet sleep
 - body fatigue
- deep sleep/ active sleep
 - mental fatigue
 - rapid eye movements (REM)
 - average 1.5 hours/night

ENVIRONMENTAL NOISE AND SLEEP DISTURBANCE

How to Measure Sleep?

- •Sleep States
 - Electroencephalograms (EEGs)
- Awakenings
 - Actimetery: Movement Sensors
 - Behavioral Responses: Response Panel
- Sleep Quality
 - Duration
 - Perceived Quality of Rest

ENVIRONMENTAL NOISE AND SLEEP DISTURBANCE

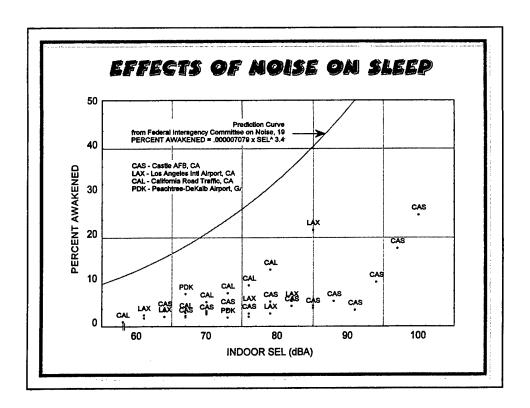
• Sleep States (EEG):

 Awake 	Alpha and Beta activity	 low amp., high freq.
• Stage 1	Theta activity	
• Stage 2	Spindles, K-complexes	- slow waves
• Stage 3	Delta activity	(low freq., increasing
 Stage 4 	strong Delta activity	amp.)
• REM	Theta and Beta activity	- paradoxical sleep

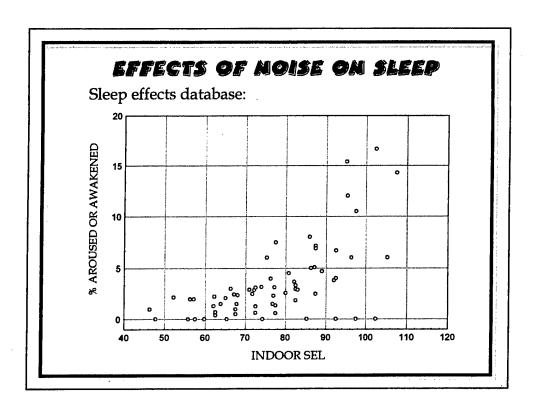
aroused EEG pattern low amp., high freq.

• Noise Levels above the ambient required to produce a change in sleep states:

• Stage 2 (Light) to Stage 1 (Shallow)	30 dB(A)
• Stage 3 (Deep) to Stage 2 (Light)	50 dB(A)
• Stage 4 (Very Deep) to Stage 3 (Deep)	80 dB (A)



Notes:



Notes:

Environmental noise and Health

Claims of adverse health effects from environmental noise include:

- Hearing Damage
- Cardiovascular Disorders
- Effects on the Unborn
- Mental and Social Well Being
- Physiological Stress Effects
- •Interference with Learning
- Controversial Topics

NOISE MODELING

Increased computer power has made noise modeling more accurate:

Components:

• Noise Source: Point source (monopole) - simplest

Line source

Area source

• Attenuation: Inverse square law +/-6 dB

spherical spreading

• Propagation: Air absorption

frequency dependent

weather (temperature, humidity ...)

Ground attenuation

reflected signal

impedance

hard vs. soft surface

terrain

Surfaces

walls, ceilings, barriers ...

NOISE MODELING

• Near field vs. far field: Extrapolation not possible in near-field (<200 ft)

Types of Noise Models:

 Architectural Noise Models
 Highway Noise Models
 Barriers

 Railroad Noise Models

 Aircraft Noise Models (e.g. INM, NoiseMap)

• Advantages of Modeling:

Impossible or impractical to measure at all locations of interest or potential impact. Scientific estimate of noise exposure

Accuracy is highly dependent on the quality of data input into the model

NOISE MODELING

Points of Contact

FAA Integrated Noise Model (INM)
Dr. Jake Plante
FAA Office of Environment & Energy AEE-120 800 Independence Ave SW Washington, DC 20591 (202) 267-3539

<u>US Air Force Noise Models</u> (Aircraft Noise and Sonic Boom) Mr. Robert Lee AL/OEBN 2610 Seventh Street Wright-Patterson AFB, OH 45433-7901 (937) 255-3605

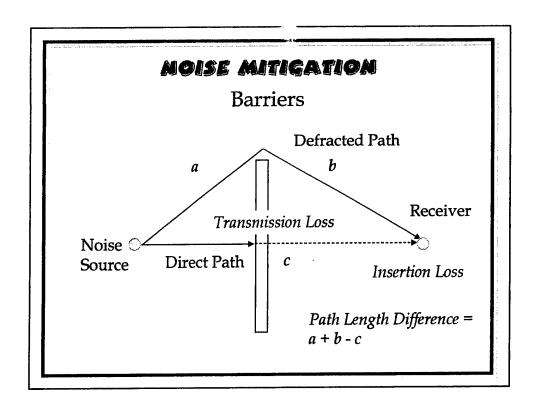
US Army Noise Models (Blast)

Dr. Larry Pater US Army Construction Engineering Research Laboratory PO Box 9005 Champaign, IL 61826-9005 (217) 352-6511 x375 or (800) USA-CERL

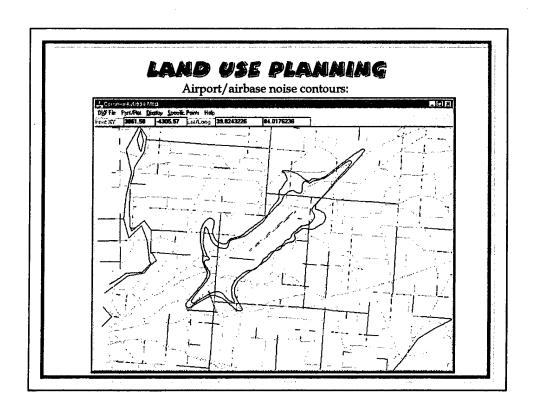
DOT Highway Transportation Noise Models
Dr Greg Fleming
DOT Volpe Center
Oratory
Kendall Square
Mail Code DTS75
Cambridge, MA 02142-1093
(617) 494-2372

Noise Mitigation

- Passive Noise Reduction
 - Source Baffling, Enclosures, Scheduling
 - Transmission Path Sound Barriers, Land Use Planning
 - Receiver Sound Insulation, Masking, Hearing Protection
- Active Noise Reduction
 - Large Scale ANR Devices
 - ANR Hearing Protection



Notes:

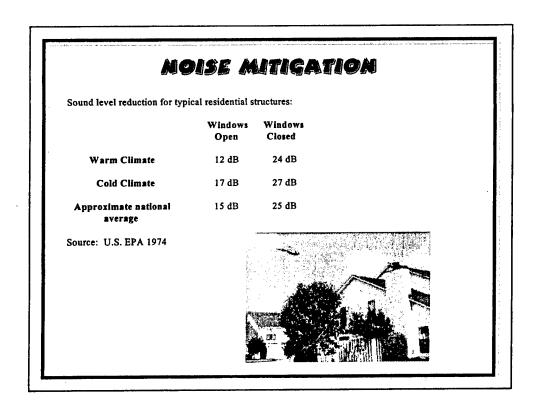


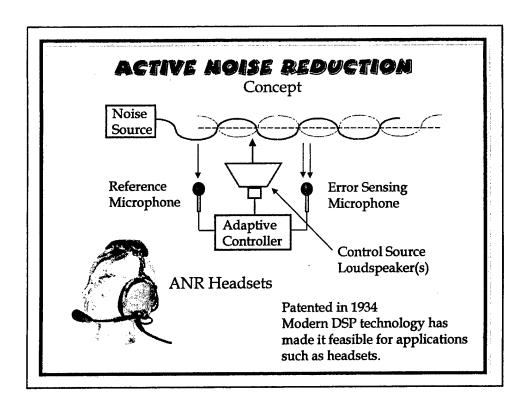
LAND USE PLANNING Recommended Indoor Noise Levels Location/Activity All Sources **Continuous Interior** (LEQ - dB(A)) Sources (Level - dB) Community: **40** 45 Sleeping Residential 50 40 50 40 Classrooms, Libraries Churches, Hospitals Office: 45 **40** Private Office, Conference Room 55 45 Workspaces w/ Telephone Use Workspaces w/ Occasional Speech 55 60 Communication and Telephone Use 60 Workspaces w/ Infrequent Speech 70 Communication and Telephone Use

noise mitigation

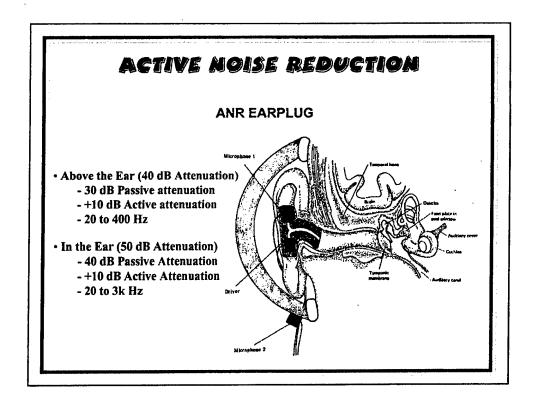
Noise Level Reduction Values for Typical Building Materials

Construction	NLR in dB
Conventional Wood Frame (Windows Open)	15-20
Conventional Wood Frame (Windows Closed)	25-30
 Conventional Wood Frame (No Windows or 1/4" Sealed Glass Windows) 	30-35
• 1/8" Sealed Glass Window	20-25
• 1/4" Sealed Glass Window	25-30
• Walls and Roof (20-40 lbs. / ft 2)	35-40
• Walls and Roof (40-80 lbs. / ft ²)	40-45
• Heavy Walls and Roof (>= 80 lbs. / ft 2)	45-50





Notes:

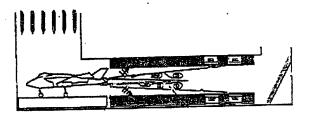


ACTIVE HOISE REDUCTION

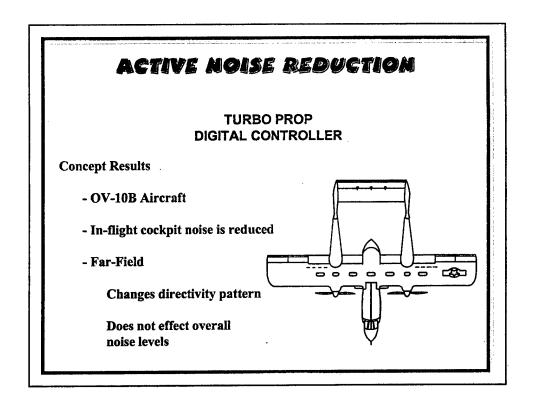
ACTIVE LINEAR FOR HUSH-HOUSE

Results

- Demonstrated concept on quarter scale model
- Attenuations of 8 to 15 dB in 32-320 Hz (8 80 Hz full scale)
- Concept ready for full scale demonstration



Results - Demonstrated concept of local shadow zone - 1/3 octave band attenuations up to 15 dB (20 to 315 Hz) - Concept ready for technology demonstration



AUDITORY DISPLAYS

Why?

Advantages and Disadvantages of Auditory Displays:

Advantages:

Alerting - good attention-getter Orienting - if localized, can draw attention Not fixed in one spatial position

Disadvantages:

Transitory - information must be remembered Not always detectable Limited number can be readily distinguished

AUDITORY DISPLAYS

When?

Environmental and Task Factors

- High visual workload
- Visual capabilities impaired by environment (e.g., lighting)
- Information is continuously changing
- Task involves a high degree of movement or isolation from visual displays
- Simple, short messages
- Message will not be referenced later
- Message deals with events in time
- Message calls for immediate action (alert, warning)

RECOMMENDATIONS FOR AUDITORY ALARM AND MARHING DEVICES

from Human Engineering Guide to Equipment Design

Conditions	Design recommendations
If distance to listener is great	Use high intensities and avoid high frequencies
If sound must bend around obstacles and pass through partitions	Use low frequencies
If background noise is present	Select alarm frequency in region where noise masking is minimal
To demand attention	Modulate signal to give intermittent "beeps"
To acknowledge warning	Provide signal with manual shutoff so that it sounds continuously until action is taken.

How?

- •Criteria
 - Detection
 - Discriminability
- Alarms Tones and Patterns
- Speech
 - Natural Speech
 - Synthetic Speech
 - Voice

Detection:

- Signal can be *masked* by ambient and background noise.
- masked threshold
 - level needed to attain 75% correct detection of the signal when presented in one of two intervals using a two alternative forced choice response.
- Function of the background noise levels within specific *critical bands*

critical band: A inverted-U shaped filter corresponding to psychophysically determined masking patterns. Bandwidth is a function of frequency and is generally 10-20% of the frequency of interest, so higher frequencies have higher bandwidths.

Detection:

Guidelines for detectability:

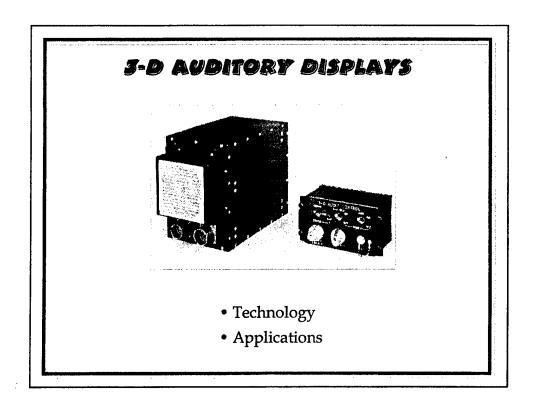
- Signal levels 6-10dB > masked threshold are sufficient for 100% detectability in controlled test situations
- Signal levels 15-16 dB > masked threshold should be sufficient for situations requiring a rapid response
- To minimize annoyance and disruption of communication, signal level should be < 30 dB above masked threshold
- If required signal level >= 115 dB, consider non-auditory display

Discriminability:

- Information Rate:
 - •75 bits/sec normal speech, high information rate
 - 25 bits/sec maximum practical limit
 - 5 bits/sec good rate for most applications
- Duration:

>100 msec for detection, longer to discriminate pattern, will vary depending code complexity and information rate.

- Number of Unique Signals: 6 + or 2, (2 attensors priority)
- Temporal Patterns and Coding: use of carrier frequencies and repetitions; use onset times > 10 dB/msec to avoid startle.
- Localization: use localized sources, 3-D audio to isolate sources and reduce background noise interference
- Speech: use different speakers, use limited vocabulary, maximize redundancy, standardize phrasing



Technology

- Digital Signal Processing (DSP) filters create *Head Related Transfer Functions (HRTFs)* across auditory space (elevation, azimuth) and auditory frequencies in real time.
- Head trackers provide inputs regarding head position relative to the virtual auditory source
- Playback over stereo headphones produces a sensation of *localization* outside the head rather than *lateralization* within the head.

Applications

- Virtual Reality
- Tactical Displays
- Commercial Aircraft

Auditory Traffic

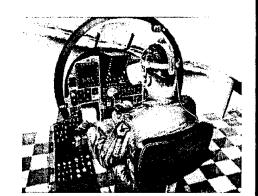
Collision

Avoidance

Systems

(ŤCAS)

- Industry
- Consumer Products



Where?

Applications of Auditory Displays:

- Aviation and Aerospace
- Computers
- Communication Systems
- Manufacturing/ Industrial
- Utilities (Power Plants, etc.)

itory Signals in an F-16:		
<u>SIGNAL</u>	CONDITIONS	CHARACTERISTICS
Landing Gear	Low, Slow, Descending without landing gent down	250 Hz repetitive no volume control, but silencer
Low Airspeed	Angle of Attack > 15 degrees with landing gear down	250 Hz steady no volume control, but silencer
Low Speed/High Altitude	Aimpeed too low for altitude landing gear up	250 Hz steady no control
Threats	Radar identifies enemy or pilot selects target	1600-5000 Hz one tone per target volume control
	New enemy detected	1000 Hz seven beeps volume
	Locked on by enemy tadar Fired On	1000 Hz 5 b-eps/sec valume, on/off control
Instrument Landing System (ILS)	Instrument approach	400 Hz outer marker 1300 Hz middle marker 3000 Hz inner marker Moræ- code volume, on/off control
Tactical Air Navigation System (TACAN)	Navigation signal reception	1350 Hz at 30 sec intervals Morse code volume, on/ofi control
Low Altitude/Terrain	Altitude lower than pilot selected setting	800 Hz on/off switch
General Warning	Red warning light lit System malfunction	Female voice: "Warning, warning, warning" off control
General Caution	Amber caution light lit	Female voke: "Caution, caution"

Class Exercises

You are approached to consult on the human factors design of an auditory display for a Ground Proximity Warning System (GPWS) for the cockpit of a fighter aircraft. Discuss the advantages and disadvantages of using an auditory display for this application. Discuss the environmental and task factors you would consider, and determine how you would implement this auditory display.

Class Exercises

A nuclear power plant currently has 20 auditory displays. They are all tones that vary in their pitch and temporal patterning. All were shown by psychophycical testing to be highly descriminable in laboratory settings. The control room where these displays are presented has a high ambient noise levels. Would you consider changing these displays? Why? What alternative displays would you consider? Why? What potential limitations are there with these alternatives?

Class Exercises

A large communications firm wants to develop an on-line internet customer service center. In order to make the technology user friendly, they want to incorporate voice and sound displays to assist users in navigating the web site. Discuss what displays you would consider. What types of displays do you think would be most "user friendly"? What types of information can be provided by auditory displays?

PRODUCT SOUND QUALITY

The application of scientific research in human auditory perception and psychoacoustics toward the analysis and design of consumer products.





PRODUCT SOUND QUALITY

Elements:

Marketing, Engineering & Psychology (Psychoacoustics)

Products:

Automobiles - road noise, exhaust, doors Appliances Heating, Ventilating, Air Conditioning (HVAC) Stereos/entertainment systems ...

Qualitative aspects of the sound:

Quiet, Sharpness, Roughness ...

Methods:

Panels, focus groups, sound quality evaluators Psychoacoustic scaling techniques ...

Payoffs:

\$\$\$

WRAP UP

What were the most useful things you learned from this workshop?

How will you apply what you learned from this workshop?

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APPENDIX A

SUGGESTED COURSE SCHEDULE

 TOPIC	TIME				
Introduction/Welcome					0830-0845
Funda					
a) The Sound Source					0845-1015
/	i) Physical Properties of Sound				
	,	a) Î		riptors of Sound	
		/	(1)	Intensity	
			(2)	Frequency	
			(3)	Time	
		,	****	* BREAK *****	1015-1030
	ii)	The R	eceiver		1030-1200
	11)	a)	Physic	ology	
		۳,	(1)	The Ear	
			(2)	Neural Pathways	
		b)		oacoustics	
		-,	(1)	Methods	
			(2)	Loudness	
			(3)	Pitch	
			(4)	Temporal Patterning	
			(5)	Spatial Hearing	
			(6)	Speech Perception	
			****	LUNCH ****	1200-1300
Applied Psychoacoustics					
a)	Noise	Analysis	1300-1400		
,	i)	Weigh			
	ii)	Summ	ation		
	iii)		al Analy	sis	
	iv)	Bands			
			****	BREAK ****	1400-1415

			Noise Analysis	
	i)	Industri	al/Occupational Noise Exposure	
		a)	Exposure Limits	
		b)	Hearing Loss	
		c)	Hearing Conservation Programs	
		d)	Speech Intelligibility/Speech Interference	
		e)	Task Interference	
	ii)			
		a)	Annoyance	
		b)	Sleep Disturbance	
		c)	Stress and Health Effects	
	iii)	Noise M	Iodeling	
	iv)	Noise M		
		a)	Passive Noise Reduction	
		b)	Active Noise Reduction	
		c)	Education and Hearing Conservation	
			***** BREAK *****	1530-1545
c)	Audite	orv Display	rs	1545-1645
-,				
		How?	:Tones, Speech, etc.	
	,	a)	Discriminability	
		b)	Spatial Auditory Displays	
Sumn	nary/Wra	ap-up		1645-1700
	c)	c) Audit i) ii) iii)	b) c) d) e) ii) Residen a) b) c) iii) Noise M iv) Noise M a) b) c) c) c) Auditory Display i) Why? ii) When? iii) How? a)	b) Hearing Loss c) Hearing Conservation Programs d) Speech Intelligibility/Speech Interference e) Task Interference ii) Residential Noise Exposure a) Annoyance b) Sleep Disturbance c) Stress and Health Effects iii) Noise Modeling iv) Noise Mitigation a) Passive Noise Reduction b) Active Noise Reduction c) Education and Hearing Conservation ************ c) Auditory Displays i) Why? :Advantages/Disadvantages of Audio Presentation ii) When? :Environment and Task Factors iii) How? :Tones, Speech, etc. a) Discriminability b) Spatial Auditory Displays